

LINK



OCTOBER
2024

LOCAL NEWS OF CATON & BROOKHOUSE



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THIS MONTH'S HIGHLIGHTS

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Apple Day - page 8

PARISH COUNCIL

Clerk: Laura McGowan. Phone: 07394 060777 clerk@catonparishcouncil.gov.uk
www.catonparishcouncil.gov.uk Find us on Facebook too.

Bus shelters Thank you to Chris Lennon who has cleaned and repainted the bus shelters at Sycamore Road and the Black Bull; Kirkbeck Close and Copy Lane next for some attention.

Play Park the two roundabouts need repairs; we are in touch with the suppliers.

Next Parish Council Meeting Tuesday 9th October, 7pm, Victoria Institute

Road safety Road safety is a major issue for many residents, and the Parish Council wants to take our proposals to Lancashire County Council. Our ideas so far are:

- the creation of a "20 mph zone" throughout Caton and Brookhouse;
- pedestrian crossings, speed limits and further traffic calming beyond Caton on Lancaster Road, Hornby Road and Quernmore Road;
- a 30 mph speed limit in Caton Green and onwards to Brookhouse;
- improvements to and around the mini-roundabout at the centre of Caton;
- making Holme Lane a No Through Road;
- a full review of the provision and quality of pavements throughout the built-up areas;
- consideration of making pavement parking illegal on some streets

Next we need comments from local people. You can collect a printed copy of our draft paper from the Victoria Institute (Cottam Room) or the Lune Valley Methodist Hub. Online it is on our website - links to it from our Facebook pages too. Or contact the Parish Clerk for a copy. Comments on paper can be left at the VI or LVMH, or emailed to the Parish Clerk.

CATON AND BROOKHOUSE FRIENDSHIP CLUB

Our visit to Southport and the flower show took place on what seemed like the wettest day of the summer, this was possibly more noticeable in the flower show as those who shopped could slip into the shops. Members will be meeting for a buffet lunch on October 3rd and later in the month (the 17th) we are off on a mystery trip. A get-together for coffee and fun is planned for the 7th of November, as usual this will be 11am at the Station Hotel. On November 21st we are off to Liverpool then on 5th December a visit to Chatsworth House and Buxton is planned. We will end our year at our annual Xmas lunch on the 19th December. For details of membership or further information please contact Ally Whitfield on 01524 770827 or 07738 912923

CATON LEISURE CLUB

It's a bargain ! Only £3 for an interesting talk each Monday with a break for tea/coffee, biscuit and friendly chat. (£4 for non members but only £5 for annual membership). We meet at Victoria Institute at 10.00 for 10.30. The Speakers for October being :-

7th Anyone for Port Melinda Elder

14th My Life as a Chauffeur Ron Hutchinson

21st Richard III Fact or Fiction Norma Bentham

28th Growth and Regeneration in Lancashire Simon Lawrence

Norma's Chair Exercises continue each Monday 9am until 10am. Come along and regain that lost flexibility. Well some of it anyway!

Short Mat Bowls re-commence on Wed 9th October 10 till 12 No experience necessary, training will be given. Please contact David 01524 812342 for further details.

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All Submissions and Advertising Enquiries via email to the Editor by the 15th of the month for the following edition. Email: catonlink2021@gmail.com

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CATON WOMEN'S INSTITUTE
 In September, we had a thought-provoking talk by Dave and Stacey from Tactical Street Angels. This Lancaster based non-funded charity feeds, helps and gives out welfare items to the homeless on the streets of Lancaster and Morecambe. Our craft group along with other villagers have been knitting hats to donate at Christmas along with socks and chocolate bars. We next meet on **October 3rd for a Samba Drumming Workshop** by Jen Donald. It's bound to be a fun meeting so visitors are more than welcome to join us at the Victoria Institute at 7:30 Also in October, the Games Club; Gin Club and Book Club will be meeting. These are social groups arranged by and for our members. See our Facebook page for more details.

CHRISTMAS CRAFT FAIR IN AID OF CANCERCARE
 There will be a craft fair on Saturday 9th November in aid of CancerCare. This will be held at Caton Baptist Church from 10am to 12 noon. It's a good opportunity to start looking for presents and enjoy some refreshments in aid of a great cause.



WOULD YOU LIKE TO SEE MORE AFFORDABLE HIGH-QUALITY HOMES FOR LOCAL PEOPLE?

Affordable Housing in the Lune Valley
Thursday October 3rd 7.30pm
Victoria Institute Caton

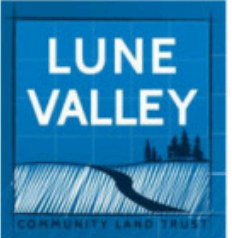
The evening will feature a presentation about the award winning Lune Walk development in Halton

- Including:
- What is a Community Land Trust
 - Details of Passive House standard homes
 - Homes for local people

The presentation will be followed by a discussion on the need for affordable housing in the Lune valley; where could they be built and how could they be delivered.

Lune Valley Community Land Trust

For more details See:
<https://lunevalleyclt.org/>



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CATON COMMUNITY CENTRE (VICTORIA INSTITUTE)

CATON COMMUNITY LIBRARY & IT ROOM Open Mon & Wed 10-12 noon & 1-3pm; Tues & Thurs 10-12 noon. The Library has a range of fiction, including General, Saga/Romance, Crime, Horror and Sci-fi. The Non-fiction bookcases include Autobiographies, Biographies and a small Lifestyle section. We have a dedicated Children's area that includes Fiction and Non-Fiction, for all ages from Infant picture books through to Young Adult/Teenage years. The Library relies on book donations. Any books that can't be used on our shelves are then donated to charity. Good condition duplicate books are also available to buy for a small donation to the V.I. Many Thanks to everyone who donates and uses the Library. The IT 'Drop In' facility has 4 computers with Internet and Microsoft Office software. £1.50 per hour, 75p for 1/2 hour, min charge of 50p; Scanning 10p; Printing B&W 15p for A4, 25p for A3. Colour 30p for A4, 55p for A3.

VI ROOM HIRE RATES - An ideal venue for celebration and business events. Main Hall - £18 per hour. Sir Thomas Storey & Victoria Room - £14 per hour. Cottam Room - £10 per hour. Whole Building - this includes the Main Hall, Sir Thomas Storey Room, Victoria Room and Cottam Room, but excludes the kitchen. Full rate £53.00 per hour. Kitchen - Beverages only £10, Caterers £25, Full cooking £35, charged per session *Discount applied to Regular User Groups

BUSINESSES, TRADES & SERVICES Display board for businesses, trades and services. Please leave your poster, business cards etc. with Peter at the Institute.

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ARE YOU CONCERNED ABOUT FLOODING? Floodsax are available £30 for a pack of five.

EMERGENCY CENTRE The Victoria Institute is our village's Emergency Centre. If there are problems such as flooding, long periods without mains water, or power cuts, the Victoria Institute will be staffed and you'll be able to get practical help and information.

GET IN TOUCH For all enquiries contact Peter Collins the Community Centre Manager 01524 771733 Office Hours as library above. Email: admin@victoria-institute.org.uk.

Website: www.victoria-institute.org.uk www.facebook.com/victoria.institute.caton/

FIRST SATURDAY LITTER PICK

A group of residents get together on the first Saturday of every month to pick up litter and tidy the villages. The meeting place is outside the Victoria Institute at 10am, weather permitting. You decide how much time and whereabouts in the village needs more attention. If you have seen an area which would benefit from a tidy up, or have any queries, please contact Judy Powell on 771154. Rubbish bags, bag holders, and litter pickers are provided, and it is a good idea to bring your own gloves. Hi-viz vests (various sizes) also available on request. Next session: **Saturday 5th October**

CATON SCOUT GROUPS CHRISTMAS FAIR

Saturday 30th November 1-4pm @ St Paul's Church Hall. There will be festive stalls selling crafts and gifts, delicious treats such as mulled wine and mince pies, fun craft activities and games such as splat the Grinch, Christmas craft activities and a tombola. Father Christmas has also agreed to take time out of his busy schedule and visit us! So drop into our FREE grotto to have a chat and take a memorable photo! Also, following their popularity last year, we will be selling real Christmas trees again. Look out for our flyers or visit our Facebook; www.facebook.co.uk/catonchurchscoutgroup. All monies raised go directly towards our Caton Church Scout trailer fund, to enable us to take our young people on more adventures, giving them skills for life.

ANIMAL CARE

Animal Care Nativity and Carol Service on Friday 13th December at 6.30pm in The Priory Church, Lancaster. It will be led by the Vicar of Lancaster and feature several local Primary Schools - and it promises to be a wonderfully festive and charming fundraising event. Tickets available in September. Have you re-homed an animal from us? Could you tell us what happened? We want to feature happy-ever-after stories in our first-ever Animal Care Nativity and Carol Service. We are looking for YOUR stories of how you and your beloved pet got together. We would love to see photos of your pet in their loving forever home. We will pick some of your stories to feature in the Animal Care Nativity and Carol Service - if your story is chosen you will receive TWO FREE TICKETS to the Carol Service. Send your story to steph@animalcare-lancaster.co.uk or write in to Steph Weber, Animal Care, Blea Tarn Road, Scotforth, Lancaster LA2 ORD with a contact name and number. Only 1000 words or fewer. Send your entry by 31st October 2024 midnight deadline.

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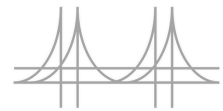
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CATON ST PAUL'S C OF E PRIMARY SCHOOL

Open Day We are holding an open day at school for prospective parents on THURSDAY 17 OCTOBER. This year, we are giving parents the chance to visit while school is 'in action' or in the evening when there will be a range of activities to take part in. The morning session is 9:30am – 11:30am where Y6 children will show you round the classes and Mr Gittins, Headteacher, will be available to answer any questions you may have. The evening session is 5:30pm – 6:30pm where you will have a chance to see all the classrooms, view the school and chat to Mr Gittins. No need to book: we'll see you on 17th October. If you would like to take a tour round school at any other time, please ring the office on 01524 770241 to book an appointment where Mr Gittins will happily show you round.

School is in full swing at the start of term with lots of exciting learning taking place. Our 22 Reception children have settled beautifully and it's great to see them joining in with worship, taking part in PE sessions and exploring their new outdoor environment. Our first community event is harvest festival on Monday 7 October at 9:30am in St Paul's Church. Each class will deliver an input and there will be school's artwork displayed in the Church. We have again signed up to the Lune Valley sports partnership, as well as Lancaster and Heysham. This gives all our children the chance to represent the school at sporting events. Our outdoor calendar is set with Y6 starting us off caving in Long Churn in October and Y4 visiting Barbon to clamber up a dry river bed. The choir are meeting and preparing to go to perform at the singing festival at the Town Hall in March. Our extra-curricular clubs are up and running with 17 on the timetable; art clubs, drama clubs, sports clubs, music clubs, eco clubs, computing clubs and wellbeing clubs seem to be the most popular.

Our Pre-school continues to flourish with our new 3-year olds settling well. Both our staff have a strong knowledge of phase one phonics and are experienced in helping children to settle quickly. If you are interested in a Pre-school visit, please ring 01524 770241 to book.

Our PTA are busily arranging events for our children including a movie night, treasure hunt, disco, Christmas fair and much more. They have donated money for each class to buy resources for the children, as well as money to renew our Athletics subscription for another year. We are also targeting fundraising this year at purchasing a new minibus to replace Bertha the Bus who is ready for retirement.

CATON AND BROOKHOUSE GARDENING CLUB

We had a blockbuster opening to our speaker evening season last month when Steve Garland came to give a talk on garden insects. He held the large audience mesmerised by his encyclopaedic knowledge and enthusiasm - even for wasps and earwigs! The lesson for everyone - cherish our creepie crawlies. And next month the season continues with a talk about red squirrels - one of our favourite and iconic wee furry things. Our speaker will be Ian Jack who is the outreach volunteer for the Penrith and District Red Squirrel group. This group employs rangers who are the front line in defence of the red squirrels of the north. Do come and hear how they are getting along and what the prospects are for seeing red squirrels again in the lower Lune Valley. All welcome - members and non members (£1/£2 entrance respectively including refreshments) to what is sure to be a fascinating evening. We are exhibiting again at the Quernmore Christmas tree festival. Members are invited to make flowers for this year's tree. The theme is 'Our flowers are the stars of our gardens'. Let's put on a good show again! Jane assures me that there are hundreds of youtube presentations on how to make flowers out of paper, wool (knitted, crocheted), crepe paper, pipe cleaners, plastic bottles, toothpaste tubes - you name it, you can make a flower out of it. And Rebecca is taking bookings for two events - our festive season meal on the 11th of January, and next year's coach trip to Bridgewater gardens. Do let her know on 07806 521974 if you are interested.

ST PAUL'S CHURCH BROOKHOUSE COFFEE MORNING

The next Coffee Morning will be at the Parish Hall on the 2nd of October at 10.30. The October Coffee Morning is in support of the MacMillan Nurses, who as we know do sterling work for those suffering from cancer. As usual there will be a raffle, a quiz, as well as several stalls displaying a range of produce. The Coffee Morning gives people the opportunity to meet friends and neighbours for a chat. You are most welcome to join us for a coffee, tea or cold drink as well as biscuits. The September Coffee Morning was a great success and raised £112.55 for the St John's Hospice. Thanks go to everyone who attended and supported this invaluable organisation.

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CATON PRIMARY SCHOOL

Please join us for our 50th ANNIVERSARY CELEBRATION and OPEN EVENT which will take place on **Saturday, 5th October from 10:30am to 1:30pm**. Tours of the school will be available at 10:30am, 11:30am and 12:30pm. View an exhibition of the school past and present whilst enjoying a cream tea. Have fun in the forest and test your archery skills. Listen to the fabulous MORECAMBE BRASS BAND (11am - 12pm) and meet our special visitors, local artist CHAS JACOBS and former pupil and Olympic track cycling gold medallist JASON QUEALLY MBE (12pm). We would love to hear from anyone who has attended or worked at the school so that we can build our exhibition of memories to share on the day. We hope to see lots of people there; families past and present, the wider Caton and Brookhouse community (all welcome irrespective of past links with the school) and the families of pre-schoolers who are considering primary schools for their children.

Our new Reception children settled into school life brilliantly in September. All attended full time from the very first day of term and parents attended an early learning information evening where they heard how we teach phonics, writing and maths.

Ten lucky children who demonstrated consistently exceptional behaviour from the start of term had their names drawn out of a hat to attend the Westmorland County Show on 12th September. They had an amazing time!

Professional sports coaching has recommenced with a focus on rugby and gymnastics this half term and our football leaders have received some fantastic training. Year 3 and 4 are benefiting from Samba music sessions throughout the autumn term, led by the Lancashire Music Service, and Year 5 and 6 are attending Hornby pool weekly for swimming lessons.

Year 5 completed their Bikeability training in mid September whilst their Year 6 classmates ventured a little further afield to France where they had a fantastic time. They stayed in the heart of the beautiful French countryside where they were immersed in French language and culture. The itinerary was very full with highlights being: a treasure hunt around Boulogne old town; Etaples military cemetery; a beach trip; a boat trip in Bruges; the last post ceremony at the Menin Gate; a "market mission" to buy ingredients (in French of course!) and then making lunch; La Coupole World War II bunker museum; and finally snail tasting! As you can imagine, they arrived home rather tired but having grown so much as young people. They were excellent ambassadors, showing great respect, kindness, resilience and maturity throughout the week. We really could not be any prouder of them!

Our PTA summer fair was a great success on 13th September. We had a large turnout and everyone enjoyed the entertainment and food, especially throwing wet sponges at the teachers in the stocks! It was a truly wonderful start to the new school year.

CATON SPORTS ASSOCIATION/CATON UNITED FOOTBALL CLUB

Prize draw result: Sept '24 – Louise Nolan - £50 Our prize draw is fully licensed with the Small Lotteries Society – SL0316 The more entries per draw, the bigger the prize! We will be posting information on how to join on social media and the draw can be accessed through our website Catonsports.co.uk

Players – If your son is 16 years old, and looking to join an open age team, they are more than welcome to come and train with us at Caton United. We train each Wednesday At Dallam High School on the 3G pitch. The time is 18:20-19:20. All coaches are qualified and have DBS certificates.

Sponsorship – We offer pitch side advertising at £150 per 12 months. We have teams from Cumbria to Manchester visiting Caton throughout the season. Why not advertise your company with a pitch side banner? Email info@catonsports.co.uk for more information, or message us on our Social Media pages. Examples of current sponsors are online.

Volunteers – We are on the lookout for more help in and around the club, and would love to welcome more volunteers, especially on Saturday afternoons. Please get in touch if you are interested! info@catonsports.co.uk

PAINTING GROUP

The painting group will meet on Thursday 3rd, 17th and 31st October from 1.30 - 3.30pm at Lune Valley Methodist Hub. We are a friendly group and everyone is welcome whatever level of skill. If you do not have any equipment, please let me know and I can maybe help with this. We ask for a donation of £2.50 to cover costs. Tea & coffee is available. For further information contact Ruth 01524 770605

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ST PAUL'S CHURCH BROOKHOUSE

You are welcome to St Paul's for our services **Sundays at 10am**. The first Sunday of the month is All Age Worship, led by the children, and the following Sundays are Communion Services, with Sunday Club for the children (except during school holidays). Refreshments afterwards. Our Harvest service will be held on **Sunday, 6th October**, at 10am. **St Paul's Youth Group 'SPY' meets every fortnight at 4pm in the Church Hall**. SPY is open to all those in Year 6 and above. Fill in a registration form, available from Helen Scamman at vicar@stpaulscaton.org.uk 07515498860, or from our website: stpaulscaton.org.uk **We will be meeting from 4 – 5.45 on 3rd, 17th and 31st October, 14th, 28th November, and 12th December** for a Christmas party! **Churches Together** will be organising a 'Light Explosion' Party for primary aged children and their families at the Lune Valley Methodist Hub on Thursday, 31st October, time tbc. Watch out for more details on our church websites, Facebook, and through the schools in the village. **Christmas card design competition** All primary aged children can design a Christmas Card. If you would like to enter, please design a picture which has something to do with the Christmas story in the Bible. It needs to be 'portrait' not 'landscape'. If you would like to enter, please scan and e-mail your picture to vicar@stpaulscaton.org.uk, bring it to St Paul's on a Sunday, or put it through the door at 153 Brookhouse Road, LA2 9NZ, addressed to 'Rev Helen Scamman, Christmas card competition'. **Make sure it has your name and contact details with it!!** If you win, your design will be used on the Christmas cards we will use this year, and you will also win a small prize. **The closing date is Friday, 18th October**. The winner will be contacted, and will be announced locally through Facebook and 'The Link'.

'Love your Graveyard Day' On Saturday, November 2nd, from 10 – 1pm. Meet in the car park at St Paul's Church for a morning of tidying up our graveyard, clearing leaves, seeing what needs doing, and making it ready for the winter. If you would like to come along and join in, (either for some or all) please come with any useful garden implements, such as secateurs and rakes. Families are welcome. Hot drinks, squash and cake will be supplied.

THE LUNE VALLEY METHODIST HUB, BROOKHOUSE

Sunday Service 10:30am Sunday 13th October Deacon Jane Harper This is an All-Age Worship Services – followed by refreshments. **Saturday Soup** No Saturday Soup this Month **Book and Jigsaw Shop** Saturday 19th Oct 10am-12pm With Coffee and biscuits. Choose a book or jigsaw. **Bible Study** Wednesday 7pm 9th and 23rd October, The 2nd and 4th Wednesday of the month **Community Hub at Brookhouse** The community Hub sessions will be restarting in September with a new time of 10-12pm Each session will also include a craft area and someone to help with form filling. If anyone is available to help at these sessions, please see Mary Platts.

5th October: Table Top Sale. **2nd November: Incorporating with the Council environment plan (1-4pm).** **7th December: Wreath Making**

Room Hire: Whole site £175 per day (3 rooms); Main hall (12x10.5m) £18 per hour. Discount £13. Seating 125; Small room (6x4.5m) £10 per hour. Discount £8. Seating 20; Kitchen: Refreshments only £10 per hour; Full Use £15 per hour. £20 per session if using other rooms. Seating 20. Please note: Main hall does not include the Church. Available on request. Discounted rate = 5 or more bookings in a 6 month period or for continuous hire of 3 or more hours. Contact lunevalleymethodist@gmail.com or visit www.northlancsmethodist.org.uk

WHAT'S ON AT CATON METHODIST CHAPEL

Weekly Sunday Service 10:30am Except on 13th October, when we will be at Brookhouse. **Harvest 5th and 6th October.** Sat 5th 7pm Les and Christine Kelsall With supper. Sun 6th Rev George Barton With coffee and cake. We are collecting food for the homeless shelter. **Saturday Soup** There will be no Saturday soup this month due to our Harvest **Crafts @ Caton** Meet up for coffee and chat on Thursday 31st October 10-12pm. **Bible Study** Wednesday 9th and 23rd October (The 2nd and 4th Wed of the month) At the Lune Valley Methodist Hub.

CRAFTS@CATON

After four years of making sheep, angels, stars and bells for an Advent drop around the villages of Caton and Brookhouse, Caton Methodist Craft Club members' 2024 Christmas project is knitted and crocheted hats, scarves, bags, purses and soft toys which will be given to underprivileged children (age range 3-16 years) in the Morecambe and Lancaster area. If you would like to join in, please get in touch via the Caton Methodist Church facebook page, or phone Shirley on 015242 21220. Yarn and patterns can be supplied, if needed. Last date for any items will be our crafts session on 31st of October 10-12pm

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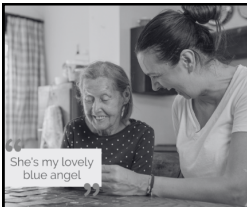


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CATON BAPTIST CHURCH

Pastor Alan Wadsworth - Tel 01524 771371 Church Website - catonbaptist.org. Pastor Alan Wadsworth - Tel 01524 771371 catonbaptist.org

We continue to meet for worship on Sundays at 10.30am and 6.30pm. Sunday School during the morning service. We also have crèche facilities available during the morning service. Please also remember if you would like to know more about becoming a Christian and finding new hope in Jesus, or if you have any concerns and worries and would like prayer or a chat you can contact Alan on the number above.

Ladies Meeting - We are a friendly group of ladies who meet once a fortnight on a Wednesday afternoon at 2pm. Our speakers always bring a devotional message and we all enjoy a cup of tea, coffee and a biscuit afterwards. All ladies from the village and further afield are welcome to join us and transport can be arranged if you need a lift. For any other enquiries or help with any matter phone Judith on 01524 770872. We look forward to seeing you. The speakers for this month are :- 2nd Marcie Potts, 16th Christine Wightman, 30th Les and Christine Kelsall

Ukraine collection day at Caton Baptist Church, Thank you so much to all those who brought gifts on the day and contributed in any way. We had a great response and packed 70 big boxes full with clothing, bedding, food, medical supplies, toiletries etc, even 3 bicycles! All gratefully received and they will soon be on their way to Ukraine. Thank you again.

Crafty Tots is a fortnightly toddler group held in Caton Baptist Church, sessions start at 9.30am until 10.30am and are open to pre school children from the age of 18 months+. Come and join us for crafts, stories and singing with a brew for the mums (and dads). For more information or to book your child's place please email - Catoncraftytots@gmail.com. The cost will be £2.50 per session. However we are now at full capacity and if you would like to come to future sessions please email the above address to put your name on the waiting list. 11th October.

Harvest Festival thanksgiving at Caton Baptist. On Saturday 5th we will be holding our Harvest Bake Off. There will be 3 categories - 6 x Brownies/Blondies, 6 x decorated biscuits, 6 x decorated cupcakes. Age categories Preschool/Reception, Year 1 2 & 3, Year 4 5 & 6. Bring your bakes along to the Church between 1 - 1:30pm and then enjoy crafts drinks and cakes while the judges decide the winners, which will be announced around 2:15pm. There will be prizes for the winners. £1 per entry with all money raised going to Cancer Care. For more details check out our website and Facebook page.

On Sunday 6th at 10:30am there will be a special all age visitors service with teas/coffees at the close.

FROM CATON WITH LOVE, A SHOE BOX IN TIME FOR CHRISTMAS

We are all living in desperate and difficult times, the world is in so much pain in so many places. International Aid from Preston has been sending shoe boxes for a number of years to some of the neediest countries of the world. Would you consider helping us by filling a shoe box? When you send a shoe box you are sending more than just a box full of useful and fun gifts; it's personal, a gift just for the person receiving it, a message of hope and love, Letting children and adults in desperate circumstances know that someone cares and they are not forgotten is so important, that's why we deliver shoe boxes throughout the year but especially at Christmas. Caton Baptist church have teamed up with International Aid to be a collection hub for the area, it all starts with a shoe box, it can be a normal shoe box, or we have printed boxes that can be used and we have lots of other information as to what is needed to go in the box, Please call Pastor Alan for more information 07971634330 or have a look at www.catonbaptistchurch.org or visit www.internationalaidtrust.org.uk/shoebboxes

BROOKHOUSE COMMUNITY CHURCH

Sunday worship: 10.45 at the Victoria Institute. Junior Church and creche provided. Sun. 13th Oct is our Harvest Festival service when cake and coffee will be served. You are very welcome to come and partake.

Meet to Eat: well, we were off to a cracking start for our 1st one (no leftovers for my poor little kittens). Our next one is on Fri 18th Oct. 12.30 at the Victoria Institute. £5 per person.

'Tiddleywinks' Toddler Group: every Thursday, 10-11.30am at (Brookhouse) Church Hall. £2.50 per family. Please don't come on Thurs. 24th Oct as we shall be having a little half term break (trailing round Tup Sales no doubt.....) Elaine, Jim and Mary

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Holy Mass Saturday at 6.00pm. Holydays of Obligation Mass on eve of Holyday at 6.00pm.

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BROOKHOUSE TAI CHI

Fancy trying something a bit different to keep your mind and body in good shape? Our classes run every Wednesday evening from 7-9pm in the clubhouse behind St. Paul's church hall. If time is tight, you can even come along for just one hour and still get plenty of benefits from the session. Your first class is free, you don't need any previous experience or equipment, and our classes are suitable for all levels of fitness and ability. We learn gentle movement and breathing exercises, and Tai Chi postures that build into short sequences you can practise yourself at home. All proven to be very effective methods of reducing stress, increasing mobility, and maintaining balance and strength. Contact Martin Knowles 01524 771598 / 07770 875 042 / Martin@CatonGreen.co.uk for more information.

CHRISTMAS TREE FESTIVAL 2024

St Peter's Church Quernmore LA2 9EL. Friday 29th November to Sunday 1st December
Open 10am - 5pm on Friday and Saturday. On Sunday 3rd opening times will be 11am - 4pm after the Family Service. Sunday 3rd December there will be a Family Service at 10am. Free entry. Refreshments available. Raffle. Local primary school choirs including Caton Primary School will be singing on Friday afternoon.



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DATE FOR YOUR DIARY!

Advance notice that the village Burns Night Supper in aid of the Twinning Group will be held on Sat 18th Jan 2025. More information about tickets next month, but it always sells out so please email tricia@marybankfarm.uk if you'd like to reserve some!